

Curriculum Vitae

POOJA KUMARI

Ph.D. Research Scholar,

School of Sanskrit &Indic Studies,

Jawaharlal Nehru University,

New Delhi.110067

Email id – pooja1935260@gmail.com

Mob. No. +91 9560102097

Career Objective

Looking for work as a full-time employee in the teaching service department by utilizing my skills.

Academic Qualifications:

Course	Year	Board/University	Division/Percentage	Subjects
Ph.D. (Enrolled in 2020)	Pursuing	School of Sanskrit &Indic Studies, Jawaharlal Nehru University,		आयुर्वेद में मर्म विज्ञान का समीक्षात्मक अध्ययन (बृहत्त्रयी के विशेष संदर्भ में)

M.A.	2020	School of Sanskrit & Indic Studies, Jawaharlal Nehru University	First / 81.20% (7.60 CGPA)	Sanskrit
B. A.	2018	University of Delhi	First / 72.20% (7.60 CGPA)	Sanskrit, Hindi, English, Pol. Science,
Varishtha upadhyay (12 th)	2015	Board of secondary Education, Rajasthan	First / 78.60 %	Hindi, English, Pol. Science, Geography, Hindi Literature
Praveshika (10 th)	2013	Board of secondary Education, Rajasthan	Second/ 57.17 %	Sanskrit, Hindi, English, Social Science, Science, Mathematics

Fellowships, Scholarships & prizes:

1. Qualified NET with JRF in February 2022,
2. Selected for National Fellowship and Scholarship for Higher Education by Tribal Ministry of India (NFST) since sept 2021,
3. 'Sanskrit Pratibha Purusakar' honoured By Delhi Sanskrit Academy since 2018.
4. 'Gargi Purusakar' Honoured by Rajasthan government in 2015,

Volunteer and team member

1. Joined NCC at Miranda House College, DU (2015-18) and got 'C' certificate.
2. Attended the NCC Annual training camp 17 July to 28 July 2017
3. Joined N.S.S at JNU 2020 to till date as volunteer.
4. Participated in national integration camp Ministry of youth affairs and sports Govt of India, award of national integration camp on occasion of "Azadi ka Amrit Mahotsav" International/National, 23 July 2022.

Research Publication:

1. सद्यःप्राणहर मर्म रोग एवं चिकित्सा, Research Paper published in आमनायिकी शोधपत्रिका, UGC-CARE List journal, ISSN: 2277 - 4270, vol.-22, PAGE NO. 247 - 257, July- Dec. 2021.
2. कालिदास के नाटकों में आयुर्वेदीय विवेचन, Research Paper published in नाट्यम शोधपत्रिका, UGC-CARE Listed, ISSN: 2229- 5550, vol.-22, PAGE NO. 119-127, अक्टूबर 2022 - मार्च 2023.
3. आयुर्वेद में मर्म-विज्ञान की उपादेयता, Research Paper published in ज्योतिर्विद प्रस्थानम journal, UGC-CARE Listed, vol.- 10, PAGE NO. 54-58, ISSN: 2278-0327, 2022
4. संस्कृत वाङ्मय में मर्म विज्ञान की उपादेयता
Research Paper published in 'Vedanjali' International peer reviewed Journal of Multidisciplinary Research, vol.-16, PAGE NO. 208-214, ISSN: 2349 - 364x, 2022

5. मानिसक रोग निवारण में मर्म विद्या की उपादेयता

Research Paper published in National Journal of Hindi & Sanskrit Research PEER REVIEWED Journal , vol. 42, PAGE NO. 187-194, ISSN: 2454 - 9177, 2022

6. स्वास्थ्य संरक्षण में मर्म एवं योगासन की उपादेयता

Research Paper published in शोध ऋतु PEER REVIEWED Journal , vol. 5, PAGE NO. 69-71, ISSN: 2454 - 6283, 2022

Seminar Research Paper Presentation:

- सद्यःप्राणहर मर्म रोग एवं योगासन एक चिंतन Research Paper Presented in three day International Seminar On yoga, Organized by Shri Lal Bahadur Shastri National Sanskrit University, New Delhi, 14-16 June 2022 .
- स्वास्थ्य संरक्षण में मर्म चिकित्सा एवं योग Research Paper Presented in tree day National Seminar On संस्कृतम आन्तरिकविकासश्च Organized by Sanskrit Bharti and SSIS, Jawaharlal Nehru University, New Delhi , 08-09 Oct. 2022.

Workshop/Seminar/Conference Attended:

- 8-Day National Workshop on yoga Organized by Shri Lal Bahadur Shastri National Sanskrit University, New Delhi, 23-30 march 2022.

Skills

- Extensive research and analysis, teaching.

Declaration:- I hereby declare that above written particulars are true to best of my knowledge and belief.

{Pooja Kumari}